Live Your Best Life LIVE WELL



It's hard to maintain a healthy lifestyle at home. It's even harder when away.

Our new LIVEWELL programme gives guests all they need to maintain a healthy lifestyle whether staying for pleasure or business.



Make the most of our breath-taking landscape, re-connect with nature with outdoor programmes and fitness activities direct to your room.

For more information or to book +44 (0) 1436 860201 www.loch-lomond.co.uk



These menu options don't just taste good, they are nutritious too. With healthy and light choices, supplemented by fresh fruit, low-fat products, and organically grown coffee.



 \star \star \star \star